

PEPTIDES *with* PURPOSE

CALM™

RELAX & RECHARGE



CALM – THE MINDFUL SOLUTION

CALM provides Precision Peptide Support in an on-the-go stick pack, with a refreshing Lemon Citrus flavor that melts in your mouth. It combines four powerful ingredients—Ashwagandha, Lemon Balm Extract, GABA, and L-Theanine—designed to naturally lower cortisol levels, reduce stress, and help balance stress hormones for relaxation without drowsiness. Ideal for busy lifestyles, CALM supports mental well-being and provides both immediate and long-term benefits.

MAKE™ WELLNESS

A DELICIOUS DISSOLVABLE POWDER

Adults pour contents of one stick pack onto your tongue, let dissolve and swallow. Drink water after if needed. Best if taken in the evening before bedtime.



KEY INGREDIENTS:

- 1 Ashwagandha:**
Ancient Ayurvedic adaptogen that helps manage stress and improve sleep quality.
- 3 GABA:**
A neurotransmitter that significantly reduces stress and promotes mental calmness.

- 2 Lemon Balm Extract:**
A calming herb known to enhance mood and support cognitive function.
- 4 L-Theanine:**
An amino acid from green tea that promotes relaxation and focus without drowsiness.

Precision Peptide Support CALM's ingredients work synergistically to modulate stress hormones, support neurotransmitter balance, and promote alpha brain wave activity for deep relaxation.

CALM™

THE POWER OF 4: YOUR PATH TO CALM

<p>STRESS REDUCTION:</p> <p>Helps manage daily stress and promotes a sense of calm.</p>	<p>IMPROVED SLEEP:</p> <p>Supports better sleep onset and reduces nighttime awakenings.</p>
<p>ENHANCED FOCUS:</p> <p>Improves mental clarity and concentration without sedation.</p>	<p>MOOD SUPPORT:</p> <p>Balances emotions for a more positive outlook.</p>

The Stress Crisis:

- 24%** of adults report stress levels above 8 out of 10
- 66%** of adults are anxious about their health
- 1 in 3** adults will experience an anxiety disorder at some point in life
- 70%** of adults worry about family safety
- 42%** of adults say their sleep quality is poor
- 49%** of stressed adults report racing thoughts that prevent restful sleep



CALM™ offers a natural solution to combat these overwhelming feelings.

- LOWERS CORTISOL LEVELS NATURALLY
- BALANCES STRESS HORMONES FOR CALM RELAXATION
- REDUCES STRESS AND IMPROVES MOOD
- NON-DROWSY, SUITABLE FOR DAYTIME OR EVENING USE

IDEAL FOR

- Individuals with high-stress lifestyles
- Those experiencing occasional sleeplessness
- People seeking natural cognitive support
- Anyone looking to enhance overall well-being

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.